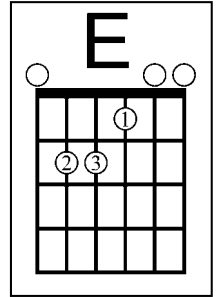


Strumming Patterns

Strumming patterns are repeated rhythmic patterns we make while strumming. Play the strumming patterns below with a metronome. Make sure you synchronize your downstrum to each click!

When two 8th notes are on one beat, the first is referred to as the **downbeat**, and the second is referred to as the **upbeat**. With that in mind, strum down (▣) on the downbeat, and strum up (∨) on the upbeat. **Downbeats = Downstrums, Upbeats = Upstrums.**



1

2

3

4

Barton Hollow

The Civil Wars